

June

Brunswick Senior Center

12 East "A" Street

Brunswick, MD 21716

301-834-8115

Cathy Barnes, Coordinator

email:cbarnes@frederickcountymd.gov

Monday

Tuesday

Wednesday

Thursday

Friday

Wednesday June 6th

Brunswick History Day

We will start our day off with a visit to the Brunswick Museum, visit around other locations.

Reservations limited, call and sign up.



Card Parties ~ Join us for an evening of a variety of card games, Rummy, Phase 10, Canasta, or UNO. Refreshments are served. Reservations not necessary, but are appreciated.

1
11:00 UNO
1:00 Local Shopping
11:00 Walking for fun

4
11:00 *Making Music*
"Sing-a-long"
1:00 Craft project

5 9:00 Strength Training
9:00 Movement for
Motion Class
CENTER CLOSED
5:30 Card Party

6 Local History Day
"What's in our
backyard?" Bus ride &
lunch **10:00 – 2:00**

7 9:00 Strength Training
9:00 Movement for Motion
Join us to celebrate our
JUNE Birthdays
11:00 Crochet Group

8
11:00 – 3:30
Wal-Mart Shopping
Trip & lunch out

11
11:00 *Making Music*
11:45 Nutrition Minute
"Eat Fresh"
1:00 Craft project

12 9:00 Strength Training
9:00 Movement for
Motion Class
CENTER CLOSED

13
11:00 "Ask Nurse Steve"
Electronic devices and Health –
does using a cell phone really
cause cancer?
12:45 "*Regular*" Bingo

14 9:00 Strength Training
9:00 Movement for Motion
11:00 VIDEO "Over 90 and
loving it"
1:00 Joint Replacement "Are
you a candidate?"

15
10:30 am Popcorn & a
Movie
1:00 Local Shopping

18
11:00 *Making Music*
1:00 Craft Project

19 9:00 Strength Training
9:00 Movement for
Motion Class
CENTER CLOSED
5:30 Card Party

20
11:00 Lunch out with
Friends followed by
BINGO Brunswick
House

21 9:00 Strength Training
9:00 Movement for
Motion Class
6:00 Dinner & Dance

22
11:00 Walking for fun
1:00 Local Shopping

25
11:00 *Making Music*
1:00 Board Meeting

26 9:00 Strength Training
9:00 Movement for
Motion Class
CENTER CLOSED

27
12:45
"*Floral*"
Bingo



28 9:00 Strength Training
9:00 Movement for
Motion Class
11:00 Crochet Group

29
VISIT WITH
EMMITSBURG
SENIOR CENTER

Brunswick Senior Center

"Where everyone is someone"